

Oklahoma Personal Defense

Empowering Women to Protect Themselves

Preventing Neighborhood Burglaries by Cherise Barsaloux, Assistant Instructor

Make Your Home an Unattractive Target

- Lock your doors and windows
- Guard your home's secrets, inside and out
- Don't allow your vehicle to be used against you
- Form a Neighborhood Watch Group
(www.usaonwatch.org/register/default.aspx)

Make Your Home Hard to Break Into

- Do not "hide" your keys outside of your home
- Use break-in resistant dead bolts
- Consider security storm doors and exterior security lighting

Complicate a Break-In Attempt

- Arm your alarm system and have it monitored
- Indoor dogs can be powerful deterrents
- Do not open the door to strangers

If Your Home Is Being or Has Been Breached

- If you are home, leave or prepare to defend yourself
- Familiarize yourself with Oklahoma's "Castle Doctrine" law
(www.oscn.net, "Legal Research" tab, "Oklahoma Statutes Citationized" link, "Title 21", Section 1289.25)
- If you are not home, expect anything that isn't bolted down to be taken

Prepare Children for the Possibility of An After-School Intruder

- Develop a network of neighbors to assist your child in an emergency
- Teach your child to be aware of her surroundings and trust her instincts
- Kubotans, tactical pens, and law-enforcement grade pepper spray
- Work with your child to develop escape plans, techniques, and strategies in the event that she does not anticipate and is confronted by an intruder

Keeping Children Safe in a Home with Self-Defense Firearms

- All adults in the home must be thoroughly trained in the safe and responsible handling of any given firearm before it is brought into the home
- Keep loaded firearms close enough for you to access in an emergency but securely away from children
- Teach your children the NRA's Eddie Eagle rules for children and firearms
- Have a family plan for daytime or night-time home invasions

Pertinent Classes

And Everything Else • Defensive Awareness • Defensive Shotgun • Pepper Spray for Self-Defense • Firearms and Your Young Child