

# *Oklahoma Personal Defense*

## *Empowering Women to Protect Themselves*

### **Comments from Students**

The below comments are from the evaluation form I ask students in my classes to fill out. These are responses to the question, "What I really liked"

*"The fact that the info was directly aimed at women – their strength and size, etc."*

*"I really enjoyed this class. It was insightful and funny. I feel more relaxed about being a woman with a gun."*

*"I liked the all girls atmosphere. We were all very comfortable with one another."*

*"Excellent teaching skills as well as humorous which holds attention. Great class!"*

*"Knowledgeable, entertaining, easy to ask questions, encouraging."*

*"I appreciate a class taught by a woman for women, and found the material relevant and beneficial."*

*"The instructor was personable and entertaining. She emphasized the importance of safety and instructed us in the basics."*

*"I felt free to discuss anything and everything."*

*"It was very personable, plus the fact it was all women. It was open and comfortable and taught what impacts women. It makes me want to come back and learn more!"*

*"Fun and informative."*

*"The informative way all areas were covered and with humor to keep it from being dry."*

*"What I really liked about the class was it was for women. It helped with holding the gun and covered technique and stance."*

*"Real life situations; wonderful humor in content of info to lighten topics as presented."*

*"I was very comfortable in class. Very helpful information. Instructor is very knowledgeable and very funny."*

*"The instructor understands the student's needs and put everyone at ease."*

*"I liked that this was just for women."*

*"Everything!"*

*"All information was very useful and informative for personal safety."*